

# The Bruce Longden Memorial Challenge

## COMPETITION RECORDS - Under 13 Boys

Event:	School:	Athlete:	Record:	Year:
75mH	Simon Balle	C.Stern	12.4	2016
100m	St.Mary's Catholic	D.Blake	12.4	2013
200m	Saffron Walden	L.Bely	26.5	2015
400m	Turnford	P.Edwards	60.7	2002
800m	Monkswalk	C.Roper	2:23.6	2008
1500m	Richard Hale	G.Ward	4:45.0	2018
L.Jump	Richard Hale	Ekungbowa	5.25m	2019
H.Jump	Sheredes	C.Ogilvie	1.51m	2008
S.T.Jump	Sheredes	G.Okoomayin	7.87m	2014
Shot	Sheredes	M.Henderson	10.97m	2008
Discus	Cheshunt	R.Towner	26.99m	2008
Javelin	Richard Hale	T.Rutter	47.59m	2019
4 x 100m	Mount Grace		52.9	2006
4 x 400m	Sele		4:30.7	1995

## COMPETITION RECORDS - Under 15 Boys

Event:	School:	Athlete:	Record:	Year:
80mH	Broxbourne	H.Millard	11.7	2014
100m	John Warner	C.Bardwell	11.5	2013
200m	St.Mary's Catholic	A.Daish	23.5	2002
400m	Richard Hale	N.Wake	52.1	2006
800m	Richard Hale	J.Dee	2:07.0	2012
1500m	Freman College	J.Philpott	4:29.5	2003
L.Jump	Sheredes	P.McBride	5.95m	2007
H.Jump	Cheshunt	C.Clay	1.80m	2009
T.Jump	Boy's High	S.Gibbs	11.79m	2000
Shot	Simon Balle	R.Morris	14.60m	1994
Discus	Sheredes	D.Waller	38.62m	1994
Javelin	Leventhorpe	H.Sarling	44.64m	2017
4 x 100m	Cheshunt }		48.3	2010
4 x 100m	Richard Hale }		48.3	2015
4 x 400m	Broxbourne		3:55.8	2014

## COMPETITION RECORDS - Over 15 Boys

Event:	School:	Athlete:	Record:	Year:
100mH	Cheshunt	D.Sissons	14.1	2012
100mH	Leventhorpe	B.Thorpe	14.1	2013
400mH	Cheshunt	Z.Saucede	56.5	2007
400mH	Richard Hale	R.Green	56.5	2015
100m	Richard Hale	J.Lonngren	11.0	2015
200m	John Warner	C.Bardwell	22.4	2012
400m	Boys High	M.Hunt	49.0	2008
800m	Leventhorpe	A.Osagie	1:55.7	2005
1500m	Chauncy	D.Wilson	4:06.0	2010
L.Jump	Cheshunt	O.Amosu	6.91m	2009
H.Jump	Newport Free Grammar	R.Armorgie	1.97m	2010
T.Jump	Richard Hale	J.Llongren	12.71m	2013
Shot	John Warner	J.Daniels	13.44m	2014
Discus	Richard Hale	S.Woodley	49.83m	2017
Javelin	Leventhorpe	C.Martin	51.94m	2014
4 x 100m	Cheshunt		45.3	2013
4 x 400m	Richard Hale		3:33.3	2011